



LIVE WELL
SAN DIEGO

May 7, 2015
Behavioral Health Advisory Board
Meeting Minutes

P.O. BOX 85524
San Diego, CA 92186-5524
(619) 563-2700 • FAX (619) 563-2775/2705

MEMBERS PRESENT

Vanessa Mapula – District 1
Gloria Harris, Ph.D. – District 2
Rebecca Hernandez, Member-at-Large (ADS) – District 2
Michael Matthews – District 2
Jenifer Mendel, 2nd Vice Chair – District 2
Colin MacKinnon – District 3
Julie Martin – District 3
Ed Weiner – District 3
Tom Behr, Chair – District 4
Jerry Hall – District 4
John Sturm, Member-at-Large (MH) – District 4
Phil Deming, 1st Vice Chair – District 5
Richard McGaffigan – District 5
K.C. Strang – District 5
Supervisor Dave Roberts – BOS

MEMBERS NOT PRESENT

Shannon Lerach, Ph.D. – District 3
Judith Yates – District 4

STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD

Alfredo Aguirre, Director, County Behavioral Health Services Division
Liberty Donnelly, Principal Administrative Analyst, County Behavioral Health Services Division

I. CALL TO ORDER/ROLL CALL

The Behavioral Health Advisory Board (BHAB) meeting was called to order by Tom Behr, Chairperson, at 3:34 PM at the County Administration Center, Room 302/303, 1600 Pacific Highway, San Diego, California 92101.

II. INTRODUCTIONS OF THE BOARD MEMBERS

Members of the BHAB introduced themselves. Also in attendance was Janie Hoover representing Supervisor Dave Roberts' office, District 3.

Judith Yates was announced as the latest member appointed to the Board by Supervisor Ron Roberts' office, District 4. She was not able to attend today's meeting.

The Mission of the BHAB was read by Jenifer Mendel. Tom Behr stated that, going forward, the reading of the Mission Statement at the start of each meeting would be the tradition of the BHAB.

III. PUBLIC COMMENTS FOR ITEMS OTHER THAN ACTION ITEMS

Rosita Fernandez shared her grievance regarding being asked to leave the Visions Clubhouse for reasons she feels are unfair and unwarranted. She feels this act is in retaliation against her and her son, Arturo Ramos, for coming forward to report unprofessional conduct by Clubhouse staff. She also feels there is discrimination involved. She asked that the County look into these allegations

Arturo Ramos also was in attendance to share his grievance against Visions Clubhouse. He and his mother, Rosita Fernandez, have worked at the Clubhouse since 2007 but have been having problems there for the past year. They were removed from the program after complaining about conduct unbefitting staff. He spoke to someone at CCHEA with no results, and is now appealing to the BHAB or the county to investigate their claims as well as see that he and his mother are reinstated into the program. County staff will follow up and investigate their claims.

IV. APPROVAL OF THE AGENDA

MS: Sturm/Mendel. All ayes

V. APPROVAL OF THE MINUTES FROM APRIL 2, 2015

The minutes for the BHAB meeting held April 2, 2015, were approved as written.

M/S: Deming/Sturm. All ayes

VI. ACTION ITEM – Establishing a Suicide Prevention Workgroup (A. Aguirre/D. Roberts)

BACKGROUND

In July 2014, the Medical Examiner's (ME) office released a report stating suicides comprised about 15% of the nearly 3,000 deaths investigated by the ME's office in 2013. The number of suicides totaled 441, a great loss to the County. It is proposed by Behavioral Health Advisory Board (BHAB) member, Supervisor Dave Roberts, that the Board approves the establishment of a Suicide Prevention Workgroup.

WORKGROUP MEMBERSHIP

Supervisor Roberts would chair the Workgroup and four BHAB members would be appointed who reflect the interests of both Alcohol and Drug and Mental Health communities.

WORKGROUP PURPOSE

The Workgroup would explore what is working, address challenges and seek to enhance current County efforts in suicide prevention and abatement. In order to accomplish this effort, the Workgroup Members will:

- Meet with subject matter experts in suicide prevention and attend meetings of the San Diego County Suicide Prevention Council (SPC) to become more knowledgeable on current efforts being made in suicide prevention and abatement, become familiar with the County's Suicide Prevention Action Plan and develop recommendations to enhance the Suicide Prevention Action Plan and/or prevention strategies.
 - It is suggested that the Workgroup meet for a short period of time prior and after meetings of the SPC.
 - As needed, the Workgroup could meet independent of the SPC meetings and depending on the needs of the Workgroup could call subject matter experts.
- Prepare and present a report on findings and recommendations to enhance suicide prevention efforts for the County at the November 2015 BHAB meeting.

It was clarified that the report of the Workgroup will be subject to the review and approval of the BHAB and will be published as a report of the BHAB.

WORKGROUP TERM

The Workgroup's future would be evaluated after the November 2015 BHAB meeting.

IT IS, THEREFORE, staff's recommendation that the Board support the following recommendation: Establish a Suicide Prevention Workgroup.

- **Public Comments for Above Action Item**

Beth Sise, Co-Chair of Suicide Prevention Council (SPC). Mrs. Sise gave an alternate option before the board to not go through with the workgroup at this time but, rather, attend some of the meetings of the SPC to see what they are doing, what they have already accomplished, and what they aim to do. Afterwards, the decision can be made as to whether or not a Suicide Prevention Workgroup is pertinent, given the efforts that are already underway.

Dr. Michael Sise, Senior Trauma Medical Director of the Scripps-Mercy Trauma Center. Dr. Sise shared his first-hand experience witnessing suicide victims come through the trauma center of the hospital. He applauded the BHAB for bringing this urgent issue to the forefront, but urged the board to take it's time, get to know what's out there, and learn from the people who have already been working in this area of suicide prevention and trauma so that whatever direction BHAB ultimately decides to take will be efficient, complementary to what is already being done, and make the work that the community collaborative has done even more effective.

The motion was made that the Board support the recommendation to establish the formation of a Suicide Prevention Workgroup and cancel out the previous motion to table the vote.

MS: Roberts/Matthews with discussion. 13 ayes, 0 Nays, 1 abstention

A friendly amendment was made to postpone forming the Suicide Prevention Workgroup to allow staff to attend SPC meetings (as outlined in the SPC list of meetings included in BHAB packets) to observe work in process and then come back with a recommendation to the BHAB in August.

MS: Hall/Sturm with discussion. 3 ayes, 10 nays, 0 abstentions

The one-page Action Item document included in BHAB packets will be amended to correct the second dot point under Workgroup Purpose to read "*It is suggested that the Workgroup meet for a short period of time prior **and/or** after the meetings of the SPC*" and refine the last dot point to clarify that the BHAB will review a draft report, ultimately approve it, and then that document will become the final report.

VII. ACTION ITEM – Appoint of Advisory Board Advocates (T. Behr)

BHAB advocates (extracted from the County of San Diego BHAB Bylaws):

- Person in Recovery (Consumer) – Colin MacKinnon (Jenifer Mendel as backup)
- Child Advocate – Rebecca Hernandez
- Older Adult Advocate – Mike Matthews
- Advocate for Multi-Ethnic Concerns – John Sturm
- CALMMHB/C Advocate – Tom Behr (John Sturm as backup)

Advocates added at April meeting:

- Women's Mental Health Advocate – Julie Martin
- Open Data Advocate – Jerry Hall

Advocates added at today's meeting to be voted on at next meeting:

- Adult Council Advocate – Dr. Gloria Harris
- Men's Mental Health Advocate – Philip Deming
- Housing Council – TBD
- LGBTQ Community Advocate – TBD

Behavioral Health Services staff will draw up a brief document that will list times and locations of each existing advisory council, a brief summary of their purpose, and distribute to the BHAB at their next meeting in June.

- **Public Comments for Above Action Item**
None

Motion was made to accept the seven advisory council advocate appointments as noted above.
M/S: Sturm/Mendel. All ayes

VIII. PRESENTATION – Annual HHSA/BHS Budget Overview (A. Pease and P. Groulx)

- Andy Pease, Executive Finance Director for the Health and Human Services Agency gave an overview of the County of San Diego, Health and Human Services Agency, 2015-16 CAO Recommended Operational Plan. This was the same Operational Plan that was presented to the Board of Supervisors at their meeting on Tuesday, May 5. BHAB members were directed to the PowerPoint included in their packets. A one-page handout was also distributed that captured, by division, what the major cost drivers or initiatives were for the particular year.

The BHAB has a voice with the BOS, and as such will have an opportunity to submit a letter supporting the Operational Plan or noting any concerns, suggestions or recommendations by June 10, which is the end of the public hearing period.

- Patti Groulx, Budget Administrator for Behavioral Health Services, gave an overview of the 2015-16 budget for Behavioral Health Services. BHAB members were directed to the PowerPoint included in their packets.

IX. PRESENTATION – Driving Under the Influence Programs (DUIP Providers)

- PowerPoint: "The San Diego County DUI Treatment System" – presented by representatives of the four DUI programs that serve the four major court systems in San Diego County: Barbara Aday-Garcia, OHS San Marcos; Melanie Barker, San Diego State University DUIP; Stacie Perez, Episcopal Community Services; Jack Houston, MAAC Project Chula Vista.

X. DIRECTOR'S REPORT – Alfredo Aguirre, Behavioral Health Services Director

- **Informational Items**
 - May is Mental Health Month reminder
 - Community Alliance for Healthy Minds (CAHM) Forum will take place on Saturday, May 9, at California State University San Marcos.
 - The Fellowship Center in Escondido will be hosting a Walk for Recovery and Wellness Fair on Saturday, May 16. The Fellowship Center is a substance use alcohol and treatment provider and will also be recognized as a *Live Well* Partner at the event.
 - Behavioral Health Recognition Dinner on Friday, May 29, at San Diego Marriott Mission Valley.
 - NAMI was recognized last week at the NAMI 5K Walk for their role as a *Live Well* Partner.

XI. CHAIRPERSON'S REPORT – Tom Behr, Behavioral Health Services Advisory Board Chair

- The BHAB Executive Committee has begun to explore ideas for subcommittees and workgroups, which they will bring to the full board at a later meeting.
- Tom Behr has been facilitating and attending meet and greets with individual Supervisors and County leadership on behalf of the BHAB to reinforce our role; to ascertain what role they feel the new Board should perform; and what programs they consider important. So far he has met with Nick Macchione, HHSA Director, and Supervisors Dave Roberts and Dianne Jacob. Coming up are meetings with Supervisors Greg Cox and Bill Horn.

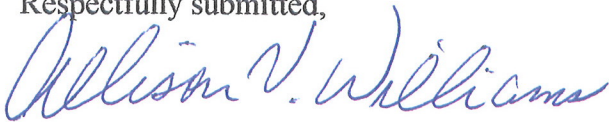
XII. BOARD MEMBER ANNOUNCEMENTS

- None

XIII. MEETING ADJOURNMENT – M/S: Matthews/Deming. All Ayes. Meeting adjourned at 6:18 PM.

Brown Act Procedure: *As required by California Government Code 54950 et seq. (Ralph M. Brown Act), a copy of the packet of information that was mailed to Behavioral Health Advisory Board members at the point of posting of this agenda has been placed at the reception desk at 3255 Camino Del Rio South, San Diego, CA 92108, for public inspection, and is available at the site of the meeting for public inspection. Members of the public wanting their own copy of the advance materials may request them under Government Code 6250 et seq. (Public Records Act) and receive them on payment of copying charges of \$0.20/page, and actual mailing charges, if mailing of the material is requested. If you are planning to attend and need special accommodations, you must call Jackson Alexander at (858) 505-6521, at least three days in advance of the meeting.*

Respectfully submitted,



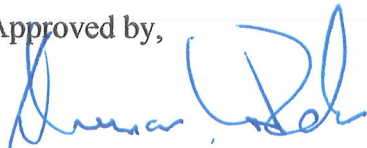
Allison V. Williams, Secretary to the Director
Behavioral Health Services

Reviewed by,



Traci Finch, Administrative Analyst III
Behavioral Health Advisory Board Support Staff

Approved by,



Thomas L. Behr, Chairperson
Behavioral Health Advisory Board

For BHAB documents, agenda, minutes and Director's Reports, please read or download from the Network of Care Behavioral Health Advisory Board at:

<http://sandiego.networkofcare.org/mh/content.aspx?id=257>